



Lesson Name: worksheet 1

Name: _____ **Class:** vii **Sec:** _____ **Roll No.** _____

Picture-Based and Map Based Questions.

Q1) Look at the image given below and answer the following questions.



- a) Identify the period to which this coin belongs.
- b) What does this coin tell us about the economic condition of the Gupta Empire?
- c) Write one feature of administration during the Gupta period.

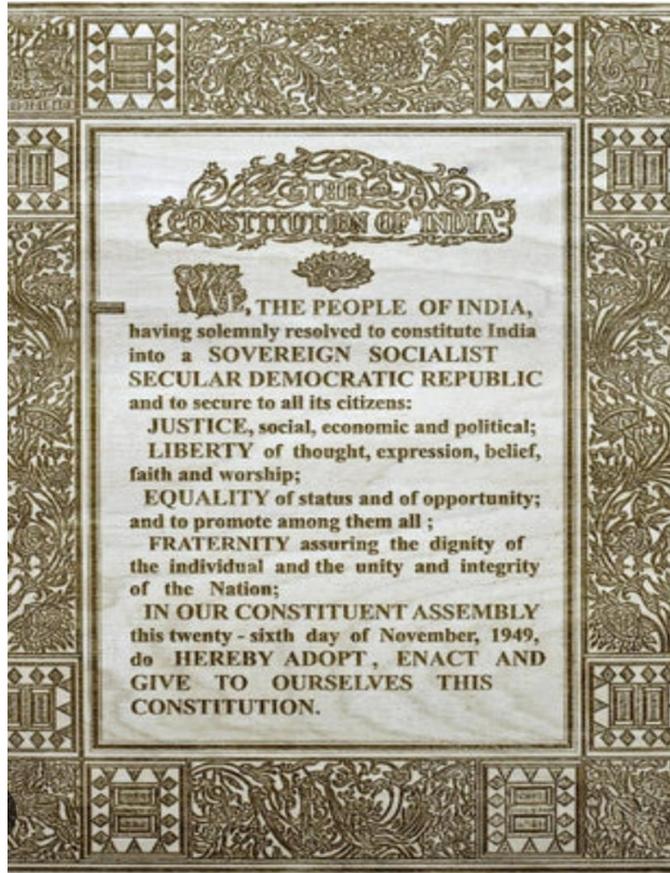
Q2) Look at the image given below and answer the following questions.



- a) What natural feature is shown in the picture?
- b) Why do people consider such places sacred?
- c) Mention one way in which sacred lands are protected by communities.

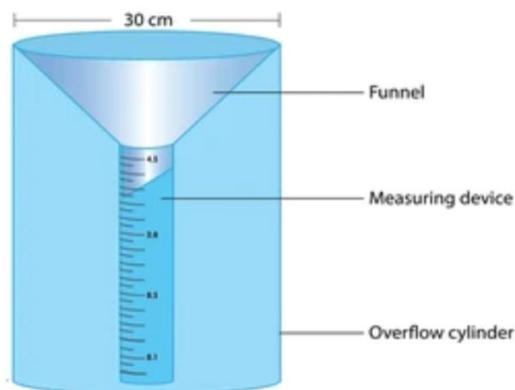


Q3) Look at the image given below and answer the following questions.



- a) Identify the document shown in the picture.
- b) Name any two ideals mentioned in the Preamble.
- c) Why is the Constitution important for a country?

Q4) Look at the image given below and answer the following questions.



- a) Name the instrument shown in the picture.
- b) Which instrument is used to measure temperature?



c) Define weather in one sentence.

Q5) Look at the image given below and answer the following questions.



a) Which system of exchange is shown in the picture?

b) Mention one problem of the barter system.

c) Why was money introduced?

Q6) Look at the map given below and answer the following questions.



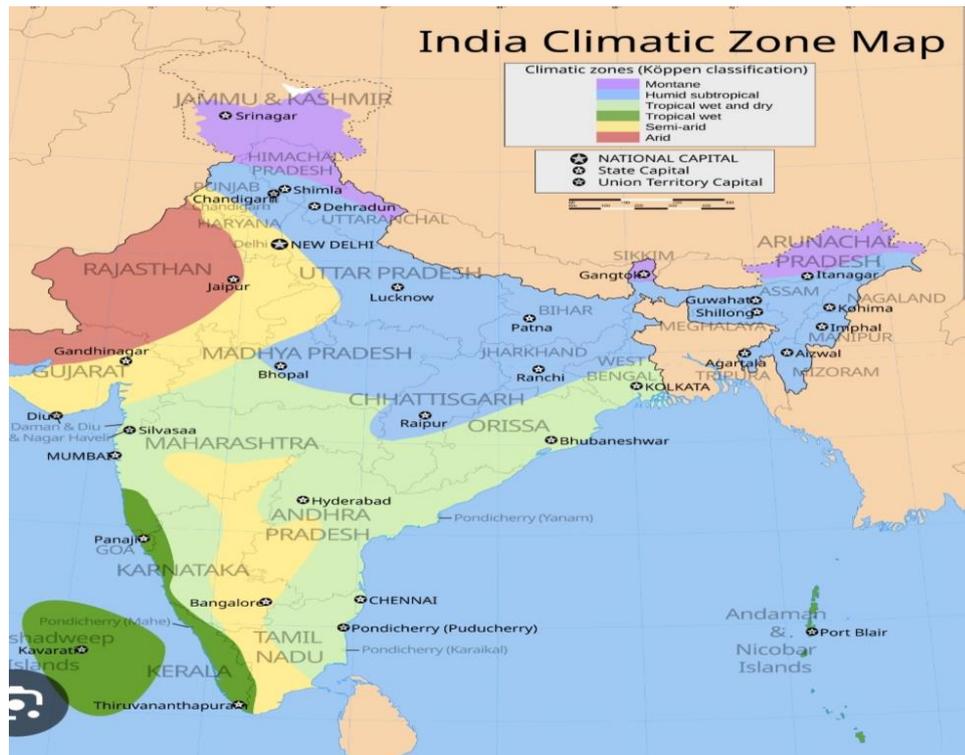
a) Name any two regions that were part of the Gupta Empire.

b) Identify the capital of the Gupta Empire.



c) In which part of India was the Gupta Empire mainly located?

Q6) Look at the map given below and answer the following questions.



a) Name the type of climate shown over most parts of India.

b) Identify any one region that receives heavy rainfall.

c) Which wind system plays a major role in India's climate?

Q7) Locate the following regions in Indian Political map given below.

a) Varanasi (U.P)

b) Nasik (Maharashtra)

c) Tamil Nadu

d) The region is known for its exquisite sculptures of the Buddha.

e) The rock cut caves and detailed carvings of deities were found here.





ASSERTION–REASON QUESTIONS (WORKSHEET 2)

Directions:

Choose the correct option:

- a) Both A and R are true and R is the correct explanation of A
- b) Both A and R are true but R is not the correct explanation of A
- c) A is true but R is false
- d) A is false but R is true

The Gupta Era

Q1) Assertion (A): The Gupta rulers adopted grand titles like Samrāt and Chakravartin.

Reason (R): These titles reflected their claim of supreme authority.

Q2) Assertion (A): Trade flourished during the Gupta period.

Reason (R): India was connected to international trade routes through the Indian Ocean.

Q3) Assertion (A): Gupta rulers supported only Hindu religious institutions.

Reason (R): They also patronised Buddhist universities like Nalanda.

Q4) Assertion (A): The decline of the Gupta Empire was caused only by weak rulers.

Reason (R): External invasions and regional conflicts weakened the empire.

The Constitution of India – An Introduction

Q5) Assertion (A): The Constitution guarantees Fundamental Rights to all citizens.

Reason (R): These rights help in protecting individual dignity.

Q6) Assertion (A): Democracy in India means rule by a single authority.

Reason (R): Power in a democracy lies with the people.

Q7) Assertion (A): The Indian Constitution promotes unity in diversity.

Reason (R): It respects different languages, cultures, and religions.

Q8) Assertion (A): The Constitution was framed without public discussion.

Reason (R): The Constituent Assembly debated each provision in detail.

Q9) Assertion (A): Equality before law is a key constitutional principle.

Reason (R): It ensures that laws apply differently to different social groups.

Climates of India

Q10) Assertion (A): Coastal regions of India have moderate temperatures throughout the year.

Reason (R): The sea influences the climate by reducing extreme temperatures.



Q11) Assertion (A): The northern plains experience extreme temperatures.

Reason (R): These regions are located far away from the sea.

Q12) Assertion (A): Climate influences the natural vegetation of a region.

Reason (R): Temperature and rainfall determine the type of plants that grow.

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COMPREHENSION BASED QUESTIONS. (WORKSHEET 3)



A) *During the Gupta period, India witnessed remarkable progress in art, science, literature and administration. The rulers promoted learning and supported scholars, artists and scientists. Land grants were given to priests and officials, which helped in efficient administration. Trade flourished both within the country and with distant regions such as Southeast Asia and the Mediterranean world. The period of peace and stability allowed ideas and creativity to grow, which is why historians often refer to this time as the “Classical Age” of India.*

Questions:

- Q1. Why is the Gupta period called the “Classical Age” of India?
Q2. How did land grants help the Gupta rulers in administration?
Q3. Mention one reason why peace and stability were important for cultural development.

B) *In many parts of India, natural features such as rivers, mountains and forests are considered sacred. People believe that these places are the homes of gods and goddesses or are connected to important events in religious traditions. As a result, communities perform rituals, festivals and pilgrimages at these sites. Such beliefs often encourage people to respect nature and protect it from harm, helping in conservation of the environment.*

Questions:

- Q4. Which natural features are often considered sacred in India?
Q5. How do religious beliefs influence people’s behaviour towards nature?
Q6. Give one example of how sacred beliefs help in environmental conservation.

C) *The Constitution of India lays down the basic principles and laws of the country. It ensures justice, liberty, equality and fraternity for all citizens. Fundamental Rights protect individuals from unfair treatment and help maintain dignity and freedom. At the same time, the Constitution provides a system of government that allows people to elect their representatives and participate in decision-making, making India a democratic country.*

Questions:

- Q7. What are the main values mentioned in the Constitution of India?
Q8. Why are Fundamental Rights important for citizens?
Q9. How does the Constitution support democracy in India?

D) *Weather refers to the day-to-day conditions of the atmosphere such as temperature, rainfall, humidity and wind. These conditions can change quickly and affect people’s daily activities. Farmers depend on weather information to plan their farming activities, while weather forecasts help people prepare for events like heavy rainfall or heatwaves. Long-term patterns of weather over many years are known as climate.*

Questions:

- Q10. What is meant by weather?
Q11. How does weather information help farmers?



Q12. How is weather different from climate?

Q13) **Look at the following information:**

Land grants recorded on copper plates

Tribute collected from neighbouring rulers

Taxes on agriculture and trade

Question:

What does this data suggest about the economic system of the Gupta Empire?

Mention one way it helped in effective governance.

Q14) **A school decides that only students from certain backgrounds can join leadership roles.**

Question:

Which constitutional value is being ignored?

What constitutional principle should be applied to correct this?

PROJECT WORK

Project Topic: New Beginnings: Cities and States

Grade: VII

Students are required to prepare a written project on the chapter New Beginnings: Cities and States. The project should explain how new cities and states emerged, their administration, and their importance in Indian history.

Instructions

- ◆ The project should be handwritten.
- ◆ Use simple and clear language.
- ◆ The project should include the following sections:

Cover Page

Introduction

Main Content (with suitable subheadings)

Conclusion

Acknowledgement

Bibliography

- ◆ Write the content in points or short paragraphs.



- ◆ Use headings and subheadings properly.
 - ◆ Draw maps, flowcharts, or simple diagrams wherever required.
 - ◆ Maintain proper margins and neat presentation.
 - ◆ Add a map showing important cities or states
 - ◆ Create a timeline of new developments
 - ◆ Draw or paste relevant pictures.
- **Submit the completed project to your Social Science teacher by Tuesday :13.01.2026**

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